



Did you recently receive PCS orders and have a middle and high school child that's worried about moving? Maybe you've heard them wonder:

Who will my new friends be? What will my new school look like? What activities/sports are available? Will I fit in? What are the other kids wearing?

The Youth Sponsorship Program connects your child to another youth in the new community to answer these questions and so much more.

#### Why should my child request a sponsor? A sponsor:

- Allows your child to **get to know their community before they arrive.**
- Provides them with someone who can show them the ropes in their new community.
- Helps reduce social isolation, leading to a healthier transition with reduced stress and at-risk behaviors.

- Gives youth a **youth perspective** on their new community and school.
- Allows you to focus on other aspects of transition, knowing that your child's needs are being met.

# What does the Youth Sponsorship Program provide for my child?

- Their sponsor will provide them a welcome packet and information about their new community before they arrive.
- Upon arrival their sponsor will arrange for them to have a
  tour of the community and, once you know which school
  they will be attending, provide information about the
  school and arrange for a tour there as well.
- Various activities and events will help your child meet new people, learn about their school and community, and expose them to various activities and events.

### How do I get a sponsor assigned to my child?

 Once you receive PCS orders contact your School Liaison Officer.

## What is a Youth Sponsor?

Youth Sponsors are at both the youth center and the school and provide information about the community and school to their sponsee via welcome packets, e-mail, and face-to-face communication

- Youth Sponsors ensure their assigned sponsees have the right information to help them learn about their community and school and connect to other youth who have similar interests.
- They plan events that help transitioning youth feel more connected to their community.
- They are **leaders** in their school and community.



#### Why Should my Child Become a Youth Sponsor?

- Builds a sense of belonging in their community and to give back to others
- Teaches new coping and resilience strategies that can assist your child when they transition
- Builds leadership experience
- Provides opportunities for service learning hours
- Offers opportunities to participate in training and programs with other youth across the community
- Provides adult mentorship
- **Inspires** youth to be an active part of their community

How can my child become a Youth Sponsor? Contact your Youth Center or School Liaison @ 718-630-4805 or 718-630-4518





